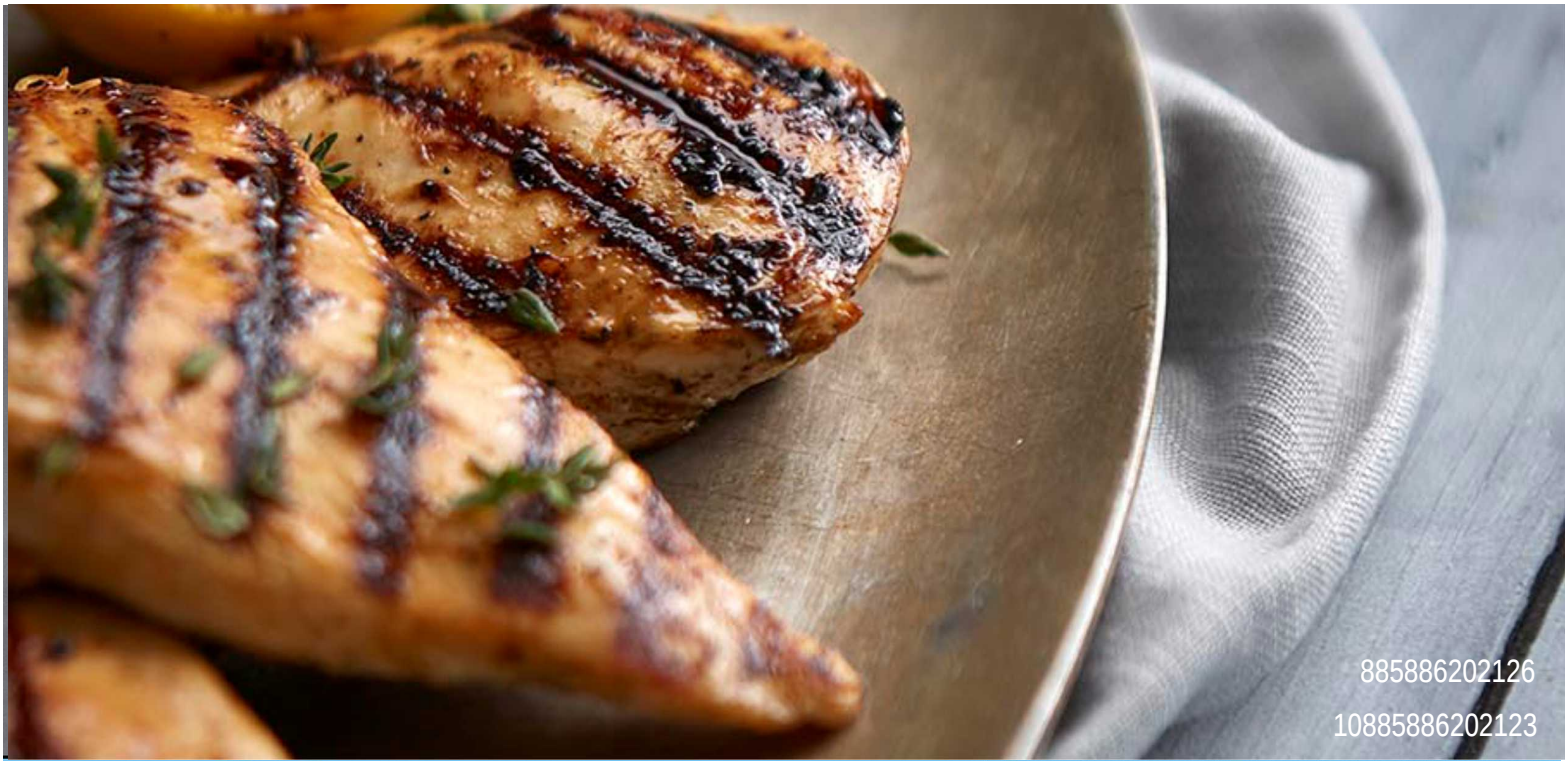




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Chicken Breasts Super Trimmed

PRODUCT ID / ID PRODUIT 20212 BRAND

NET WT (Kg)	GROSS WT (Kg)	PIECE WT	PIECES	PROTEIN	CATEGORY
4		4oz/113g	30-32	19	IQF
PALLET PATTERN	STORAGE	SHELF LIFE	ALLERGEN	CASE PALLET	DIMENSIONS (IN) L X W X H
10*11	FREEZER	18 MONTHS	NO	110	15.x11.x5.0

Heating Instructions: Instructions de Chauffage:

Oven: Preheat oven to 400°F. Place defrosted breasts in oven and bake 12-15 minutes per side, or until internal temperature of 74C/165°F is reached.

Grill: Place chicken on greased grill over medium heat 7 to 8 min. on each side or until done 74C(165°F)

Nutrition Facts Valeur nutritive

Per 4 oz (113 g)
pour 4 oz (113 g)

Calories 100	% Daily Value*
Total Fat / Lipides 1.5 g	2 %
Saturated / saturés 0.4 g	2 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 1 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 22 g	
Cholesterol / Cholestérol 50 mg	16 %
Sodium 460 mg	20 %
Potassium 200 mg	6 %
Calcium 10 mg	1 %
Iron / Fer 0.5 mg	3 %
Phosphorus / Phosphore 150 mg	12 %

* 5% or less is a **little**, 15% or more is a **lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

Ingredients: Chicken Breast, Water, modified corn starch, Sea salt, Sodium phosphate

Ingredients: Poitrines de poulet, eau, amidon modifié de maïs, Sel de mer, Phosphate de sodium



300 Milliken Blvd. Toronto, ON M1V 4T4
P: 416-609-9300 F: 416-609-8253
hello@ddpoultry.com
www.ddpoultry.com



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